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Centered Psych  
psychotherapies  
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**Carl Rogers**  
**Client Centered**  
**Therapy Theories**  
**of Counseling -**  
**Person-Centered**  
**Therapy ~~Person-~~**  
**~~Centred~~ Theory**

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Person

~~of Development Psych~~  
~~Humanistic~~  
~~Otherapies~~  
~~Psychology With~~  
~~Theories Of~~  
~~Carl Rogers (Per~~  
~~son-Centered) An~~  
introduction to  
Person Centred  
Therapy - Carl  
Rogers *Carl*  
*Rogers meets*  
*with Steve*  
*Person Centered*  
*Theory* ~~Person~~  
~~Centered~~

Acces PDF

Person

~~Counseling Psych~~

Person Centred

Counselling

Theory - Carl

Rogers **Person-**

**Centered Therapy**

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Person-Centred

Counselling - A

Brief

Introduction

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01 The person-

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Person

(Rogers): Centered Psych

Introduction /  
incongruence  
theory Carl

Rogers on Person-

Centered Therapy

Video Cognitive

*Behavioral*

*Therapy (CBT)*

*Simply Explained*

How are people

different, and

why? | Carl

Rogers'



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Humanistic Psych

Personality

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~~psychotherapy~~

**Person-Centred**

**Counselling Key**

**Concepts - PART**

*4 Person-Centred*

*Counselling Key*

*Concepts - PART*

*2 Person-*

*Centered Therapy*

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Person

Role Play Psych

Counseling and  
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Theories in

Context and

Practice Video

*Person-Centered  
Counseling Role-  
Play - Coping  
with a Work*

*Related Stressor*

~~Role Play:~~

~~Person Centred~~

~~Therapy~~

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~~Phenomenology~~

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~~Therapy~~

~~Counselling~~

~~Theories~~

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**Person-Centered**

**Therapy Person-**

**Centered Therapy**

*Person Centred*

*Theory in Action*

~~Counseling and~~

~~Psychotherapy~~

Acces PDF

Person

~~Theories Person~~  
~~Centered Person~~  
Centred Therapy  
- Main

Criticisms  
Person Centered  
Psychotherapies  
Theories Of  
In Person-  
Centered  
Psychotherapies,  
David J. Cain  
discusses the  
history, theory,

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Person

research and practice of this seminal approach whose basic premises have influenced the practice of most therapeutic systems. Person-centered therapy, also called client-centered therapy, was

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Created by Carl  
Rogers almost 70  
years ago.

Theories Of

Person-centered  
Psychotherapies  
(Theories of  
Psychotherapy

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Citation. Cain,  
D. J. (2010).

Theories of  
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Centered Psych

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Person-centered  
psychotherapies.

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psychotherapy By  
Jeffrey Archer



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PAGE #1 : Person

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Person Centered

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David J. Cain

discusses the

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Person

premises have influenced the practice of most therapeutic systems. Person-centered therapy, also called client-centered therapy, was created by Carl Rogers almost 70 years ago.

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Person-Centered  
Psychotherapies  
Buy Person-  
Centered

Psychotherapies  
(Theories of  
Psychotherapy  
Series) by David  
J. Cain

(2010-03-30) by  
David J. Cain  
(ISBN: ) from  
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Person

Low prices and  
free delivery on  
eligible orders.

Theories Of

Person-Centered  
Psychotherapies  
(Theories of  
Psychotherapy

...

Updated author  
final version  
of: Cooper, M.,  
& McLeod, J.  
(2011). Person-

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Person

Centered Psych

therapy: A  
pluralistic  
perspective.

Person-Centered  
and Experiential  
Psychotherapies

, 10(3),  
210-223.

INTRODUCTION

Since the 1970s,  
the field of  
person-centered  
therapy has

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Theories Of

Person-centered  
therapy: A  
pluralistic  
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in the person-  
centered  
therapeutic  
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Person

client and therapist  
encountering  
each other where  
both experience  
congruently, to  
varying degree,  
unconditional  
acceptance and  
empathy. In  
meeting each  
other mutually,  
the therapist's  
focus remains



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Person

Centered on the  
client's moment  
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the session.

Person-Centered  
& Experiential  
Psychotherapies  
Person-Centered  
& Experiential  
Psychotherapies  
An international  
journal

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Person

publishing Psych  
research on  
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person-centered  
Theories Of  
and experiential  
Psychotherapy  
therapies,  
including  
philosophy,  
theory,  
practice,  
training and  
research.

Person-Centered  
& Experiential

*Page 26/131*

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Person

Psychotherapies:

Vol 19, No 3

created a  
monumental

change in the

actual practice  
of psychotherapy

as one of the  
most influential

and revered  
psychologists

carl rogers

person centered

psychotherapies

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psychotherapy  
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book david j  
cain presents  
and explores  
person centered  
psychotherapy

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its theory  
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Person Centered  
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Sep 17, 2020

Posted By Yasuo

Uchida

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Person Centered  
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Theories Of  
Psychotherapy

Otherapies

Theories Of  
Mission

statement.

Person-Centered  
and Experiential  
Psychotherapies  
seeks to create  
a dialogue among  
different parts  
of the person-  
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experiential



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tradition, to support, inform, and challenge each other and to stimulate their creativity and impact in a broader professional, scientific and political context. The mission of the journal is thus

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to encourage,  
and disseminate  
worldwide, new  
work on person-  
centered and  
experiential  
therapies,  
including  
philosophy,  
theory, practice  
...

PCEP Journal

Person-Centered

*Page 34/131*

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Person

Psychotherapies,  
by David Cain,  
is an essential  
primer on client-  
centered non-  
directive  
therapy.

Building on the  
extensive body  
of work  
contributed by  
Carl Rogers,  
Cain explicates  
the necessary

Acces PDF

Person

and sufficient  
conditions for  
therapeutic  
personality  
change in  
layman's  
language and  
illustrates  
their  
applications  
through brief  
therapy session  
examples.

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Amazon.com: **Person-Centered  
Psychotherapies  
(Theories of ...**

In this book,  
David J. Cain  
presents and  
explores person-  
centered  
psychotherapy,  
its theory,  
history, therapy  
process, primary  
change

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mechanisms, the empirical basis for its effectiveness, and contemporary developments that have refined theory and expanded how it may be practiced.

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Centered Psych

Person-Centered  
Psychotherapies  
(Theories of

Psychotherapy

...

Practitioners  
such as Margaret  
Warner, Gary  
Prouty and, more  
recently,  
Kirshen Rundle  
have developed  
person-centred

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What is the  
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actual practice  
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Person Centered  
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Aug 22, 2020

Posted By Zane

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model rooted in

principles of

democracy and

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believing that

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Centered when they  
were helped to  
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best way person

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Person Centered  
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The home-page of  
the World  
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Person Centered

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& Experiential Psych  
Psychotherapy &  
Counselling.

Here you will  
find information  
about person-  
centered and  
experiential  
psychotherapies,  
how to become a  
member of the  
organisation,  
our biennial  
conferences, and

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the PCEP  
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also accessible  
online to  
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& Experiential

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Person-centered  
therapy uses a n  
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Person

approach that allows clients to take more of a lead in discussions so that, in the process, they will discover their own solutions. The therapist ...

Person-Centered  
Therapy |



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Psychology Today

AB - Anxiety

difficulties are

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important focus

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I begin by

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ng-oriented, and

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therapy (EFT)  
theories of  
anxiety.

Theories Of

Psychotherapy

In Person-  
Centered  
Psychotherapies,  
David J. Cain  
discusses the  
history, theory,  
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practice of this

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Person

Seminal approach  
whose basic  
premises have  
influenced the  
practice of most  
therapeutic  
systems. Person-  
centered  
therapy, also  
called client-  
centered  
therapy, was  
created by Carl  
Rogers almost 70

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Person

years ago. In  
polls of  
psychotherapists  
conducted in  
1982 and 2007,  
Carl Rogers was  
voted the most  
influential  
psychotherapist  
in history. His  
original  
approach gave  
rise to a number  
of variations on

Acces PDF

Person

the original, all of which may be classified as person-centered psychotherapies because of their basis in Rogers' core therapeutic conditions of empathy, unconditional positive regard, and congruence. This model

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emphasizes the client - therapist relationship, focusing on how the quality of moment-to-moment engagement between therapist and client can create optimal conditions for client growth.

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Person-centered psych  
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Theories Of  
Psychotherapy  
therapies view  
clients as  
resourceful  
persons capable  
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own directions  
and solutions  
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problems, and a  
fundamental  
value of the  
person-centered  
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Person

honor and  
preserve the  
client's  
autonomy and  
choice. In this  
book, Dr. Cain  
presents and  
explores person-  
centered  
psychotherapy,  
its theory,  
history, therapy  
process, primary  
change



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mechanisms, the empirical basis for its effectiveness, and contemporary developments that have refined theory and expanded how it may be practiced. In recent years dialogical, experiential,

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existential and  
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influences have  
been integrated  
in practice.

This essential  
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illustrated with  
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featuring  
diverse clients,  
is perfect for  
graduate

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Students Psych

studying

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well as for

seasoned

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interested in

understanding

how it has

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recent decades.

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Building on the success of the first edition, this substantially revised and extended new edition is set to remain the most in-depth and wide-ranging book available on person-centred

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and counselling.

The book is  
thoroughly  
updated to  
reflect the  
latest trends in  
theory and  
practice: • It  
extends its  
coverage of  
professional  
settings and  
applications,

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including brand  
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people, arts-  
based therapies,  
addiction and  
bereavement. •  
It engages  
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theoretical  
integration. •

It uses case  
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dialogues,  
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reflection and  
further  
resources to  
bring person-

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Centred therapy  
to life for the  
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user-friendly  
way. • It  
includes  
contributions by  
an increasingly  
extensive group  
of writers,  
thinkers,  
teachers and  
practitioners.



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This book  
examines the  
scientific  
contribution and  
increasing  
relevance of the  
Person-Centered  
Approach (PCA)  
in  
psychotherapy.  
The direction  
taken in the  
book is to  
provide readers

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with a multidisciplinary and multi-perspective view as well as practical applications.

Beyond the more conventional psychotherapy applications (client-centered, experimental, emotion-focused, child-centered,

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Motivational Psych

interviewing,  
Otherapies  
Theories Of  
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Psychotherapy

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Characterize the  
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Based on the  
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endeavor, the  
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initial formulation of the PCA as a meta-theory. It is intended as a generic framework to solve complex, social problems and to stimulate further research and development concerning the human species in

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Person

relationship to  
its environment.

Person-centred  
therapy, based  
on the ideas of  
the eminent  
psychotherapist  
Carl Rogers, is  
widely practised  
in the UK and  
throughout the  
world. It has  
applications in



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health and  
social care, the  
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distressed. This  
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Centred Psych  
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presents the  
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accessible form.  
Person-Centred  
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Points begins  
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and philosophy

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which practice  
is based.

Further areas of  
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include: the  
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to the wider person-centred literature. As such this book will be particularly useful to students and scholars of person-centred therapy, as well as anyone who wants to know more about one

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of the major psych  
therapeutic  
modalities.

Theories Of

Presenting the  
non-directive  
and related  
points of view  
in counselling  
and therapy,  
Rogers gives a  
clear exposition  
of procedures by  
which

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Person

Individuals who are being counselled may be assisted in achieving for themselves new and more effective personality adjustments.

From the Book:

"it is hypothesized



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that the therapist wants to understand for no other reason but to understand. If the therapist is motivated to understand solely to be a change agent for the client, then the facilitative mechanisms may

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not be  
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literature in  
the 1970s  
suggests that  
person-centered  
therapy (PCT)

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researchers, rather than pursuing novel avenues of empirical inquiry, devoted substantial time in defending PCT against - what now appear to be - unfounded claims made by a group of social scientists who

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held significant professional interest in seeing through the dismantling of the person-centered approach." Book Summary: This book is about a person-centered approach to counseling and psychotherapy as

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developed by the  
psychologist  
Carl Rogers  
(1902-1987) and  
his colleagues.  
In addition,  
this book is  
also intended to  
be a handbook on  
the person-  
centered  
approach and the  
Rogerian  
tradition for

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use in academic and non-academic settings alike. Each chapter is briefly summarized below. Chapter 1 ("A Person-Centered Approach and the Structure of Scientific Revolutions") examines the

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Centered Psych  
scientific  
Otherapies  
inquiry in  
Theories Of  
psychotherapy  
Research  
therapy  
specifically  
focusing on  
events and  
changes that  
took place  
beginning in the  
1970s and are  
argued to have  
substantially

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influenced the direction of psychotherapy research in the following decades. In particular, these changes are suggested to have been guided by the choices made by a small but influential group of



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behavior and psychoanalytic-oriented researchers, which arguably led to changes in the scientific methods used to investigate the effectiveness of psychotherapeutic treatments; and, as will be

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shown in this chapter, led to the decline and disappearance of Carl Rogers's person-centered approach. This chapter suggests that through a method of allegiance-guided scientific inquiry, the Rogerian

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tradition was systematically dismantled by a group of social scientists that held

considerable professional interests to do so. Chapter 2

("A Person-Centered

Approach to Multicultural

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Person

Counseling Psych  
Competence")

examines current  
and historical

trends in

psychotherapy

research and

practice with

racial/ethnic

minority

populations.

Using

psychotherapy

evidence from

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both the latter  
half of the 20th  
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initial decades  
of the 21st  
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person-centered  
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Chapter 3 ("A

Person-Centered

Approach to the

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Personality

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personality psych  
disorder (BPD).  
Otherapies  
Theories Of  
Psychotherapy  
In particular, a  
selection of  
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approaches is  
reviewed to  
examine unique  
and universal  
aspects of  
current thinking  
about this  
treatment  
population.

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Following this review, an expanded analysis of person-centered therapy is offered, examining current research evidence and the mechanisms of change hypothesized to occur in the



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person-centered

treatment of

BPD. Chapter 4

("A Person-

Centered

Approach to the

Treatment of

Combat Veterans

with

Posttraumatic

Stress

Disorder")

examines

posttraumatic

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Stress disorder through the lens of military combat trauma that results in a breakdown of a combat veteran's sense of self and the world. In the effective treatment of combat-related posttraumatic stress disorder,

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a therapist must help the veteran reorganize the self-structure that has become incongruent with his or her precombat-trauma self following his or her return home from war. For the therapist to facilitate a

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Person

veteran's  
becoming whole,  
he or she must  
be genuinely  
congruent in the  
relationship.

In this  
essential text,  
the highly  
regarded Temenos  
team present a  
new introduction  
to the person-

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Person

centred approach  
for the Twenty-  
first-century.  
Giving a broad  
and unbiased  
account, they  
illustrate how  
the approach has  
developed since  
the death of  
Carl Rogers and  
explore how the  
person-centred  
philosophy can

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Person

be an effective  
working model  
for both  
counselling and  
psychotherapy  
and for  
understanding,  
living and  
working in a  
complex  
contemporary  
world. The  
Person-Centred  
Approach is

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essential Psych

reading for  
trainees,

whether new to

counselling or

more

experienced, and

is a vital

resource for

practitioners

wishing to keep

at the forefront

of the latest

developments in

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Person

the field. Psych

otherapies

From the  
Foreword `It is  
an honour to be  
asked to write a  
foreword for  
this new book by  
Michael  
McMillan. I have  
been excited  
about this book  
ever since I  
read early



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drafts of its  
first two  
chapters some  
time ago at the  
birth of the  
project. At  
different times  
thereafter I  
have read other  
parts and my  
consistent  
impression has  
been that this  
is an author who

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has both a sophisticated academic understanding of the material and a great skill in communicating that widely.

Those two qualities do not often go together! The book is about change. After a

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first chapter in which the author introduces us to the person-centred concept of the person, chapter two is devoted to the change process within the client, including a very accessible description of

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Rogers' process model. Chapter three goes on to explore why and how change occurs in the human being, while chapter four introduces the most up-to-date person-centred theory in relation to the nature of

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the self concept  
and its changing  
process.

Chapters five  
and six explore  
why change  
occurs in  
therapy and the  
conditions that  
facilitate that  
change, while  
chapter seven  
looks beyond the  
core conditions

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to focus on the  
particular  
quality of  
presence,  
begging the  
question as to  
whether this is  
a transpersonal/  
transcendental  
quality or an  
intense  
experiencing of  
the core  
conditions

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themselves. This is an intensely modern book particularly in its postmodern emphasis. Rogers is sometimes characterised as coming from modernist times but he can also be seen as one of the early post modernists

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in his emphasis  
on process more  
than outcome and  
relationship  
more than  
personal  
striving. The  
modern nature of  
the book is also  
emphasised by a  
superb analysis  
of the  
relationship  
between



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focussing and  
person-centred  
therapy in  
Chapter five,  
linking also  
with Polanyi's  
notion of  
indwelling in  
this and other  
chapters. In  
suggesting that  
in both  
focussing and  
person-centred

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therapy the  
therapist is  
inviting the  
client to  
'indwell'  
himself or  
herself, the  
author provides  
a framework for  
considering many  
modern  
perceptions of  
the approach  
including

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notions such as  
'presence' and '  
relational  
depth'. Also,  
the link with  
focussing is  
modern in the  
sense that the  
present World  
Association for  
the approach  
covers a fairly  
broad family  
including

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Person

traditional  
person-centred  
therapists,  
experiential  
therapists, focu  
ssing-oriented  
therapists and  
process-guiding  
therapists.

Important in  
this development  
is the kind of  
dialogue  
encouraged by

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Person

the present  
book' - Dave  
Mearns,  
Strathclyde  
University. The  
belief that  
change occurs  
during the  
therapeutic  
process is  
central to all  
counselling and  
psychotherapy.

The Person-

*Page 117/131*

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Centred Approach  
to Therapeutic  
Change examines  
how change can  
be facilitated  
by the  
counsellor  
offering  
empathy,  
unconditional  
positive regard  
and congruence.

The Person-  
Centred Approach

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to Therapeutic  
Change outlines  
the main  
theoretical  
cornerstones of  
the person-  
centred approach  
and then,  
applying these,  
describes why  
change occurs as  
a result of a  
person-centred  
therapeutic

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encounter. The author explores the counselling relationship as an environment in which clients can open themselves up to experiences they have previously found difficult to acknowledge and to move forward.



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Integral to the person-centred approach is Carl Rogers' radical view that change should be seen as an ongoing process rather than an alteration from one fixed state to another. In Rogers' view psychological

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health is best achieved by the person who is able to remain in a state of continual change. Such a person is open to all experiences and is therefore able to assimilate and adapt to new

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experiences, whether 'good' or 'bad'. By focusing explicitly on how change is theorized and facilitated in counselling, this book goes to the heart of person-centred theory and practice, making

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it essential  
reading for  
trainees and  
practitioners  
alike.

For nearly 50  
years the  
approach of Carl  
Rogers and his  
colleagues has  
been used to  
help others in  
counseling,

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psychotherapy,  
and education.

This project  
takes that work

into the realms  
of Religion,

Politics,

Alcohol

treatment,

Incest, Mental

Disabilities,

Sandtray

therapy,

Philosophy, and

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Person-Centered Psych  
history &  
theory.

Theories Of

By exploring  
various ways to  
assimilate  
recent  
progressive  
developments and  
to renew its  
vital links with  
its radical  
roots, Re-

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Visioning Person-Centred Therapy: Theory and Practice of a Radical Paradigm takes a fresh look at this revolutionary therapeutic approach.

Bringing together leading figures in PCT and new writers

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Centered Psych  
Otherapies  
Theories Of  
Psychotherapy

from around the world, the essays in this book create fertile links with phenomenology, meditation and spirituality, critical theory, contemporary thought and culture, and philosophy of



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Science. In doing so, they create an outline that renews and re-visions person-centred therapy's radical paradigm, providing fertile material in both theory and practice.

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Shot through with clinical studies, vignettes and in-depth discussions on aspects of theory, Re-Visioning Person-Centred Therapy will be stimulating reading for therapists in

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training and  
practice, as  
well as those  
interested in  
the development  
of PCT.

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